## New Year's Resolutions

A New Year's resolution is an old tradition, in which a person makes a promise to do an act of self-improvement beginning from New Year's Day.



Here are some examples of people's most common New Year's Resolutions. Match them with the pictures on the left.

JANUARY

- 1. I will save for the future.
- 2. I will eat healthier.
- 3. I will start a diet.
- 4. I will take a trip to my dream country.
- 5. I will tidy my room more often.
- 6. I will spend less time playing computer games.
- 7. I will read more books.
- 8. I will drink lots of water.
- 9. I will quit smoking.
- 10. I will exercise regularly.
- 11. I will go earlier to bed.
- 12. I will pay off my credit cards.
- 13. I will spend less time on social networks.
- 14. I will learn something new.
- 15. I will spend more time with family.
- 16. I will talk less and listen more.
- 17. I will enjoy life more.
- 18. I will be more positive.
- 19. I will help someone in need.
- 20. I will get good grades.
- 21. I will be punctual.
- 22. I will get new friends.
- 23. I will reduce, reuse and recycle.
- 24. I will walk more.
- 25. I will be kind.
- 26. I will text less.

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